



DINNER TWIST
LOCAL, HEALTHY, DELIVERED



Product Spotlight: Alfalfa Sprouts

Alfalfa sprouts are a type of legume in the sprouted form! They are delicious in sandwiches and salads and are easy to grow at home in a sprout-growing kit!



N2 Turkish Lamb Gozleme with Feta Cheese

Toasted flatbreads filled with lamb mince, tomato, capsicum and feta cheese. Enjoy this popular street food with lemon wedges and fresh sprouts on the side!

 25 minutes

 2 servings

 Lamb

November 2022

Mix it up!

Combine lamb mince and spices. Form into koftas and serve in flatbreads with salad ingredients and either crumbled or whipped feta cheese.

FROM YOUR BOX

LAMB MINCE	250g
LEMON	1
GREEN CAPSICUM	1
TOMATO	1
FETA CHEESE	1 packet (200g)
LEBANESE FLATBREADS	1 packet
ALFALFA SPROUTS	1 punnet

FROM YOUR PANTRY

oil for cooking, salt, pepper, ground cumin, ground cinnamon

KEY UTENSILS

large frypan

NOTES

Depending on the size of your frypan, you can cook 2 gozlemes at a time. You can toast the gozlemes in a sandwich press if you have one.

Serve with a tomato or capsicum relish for dipping if you like!

No gluten option – flatbreads are replaced with 1 packet buckwheat wraps. Follow the recipe instructions, serving any leftover filling on the side.



1. COOK THE LAMB

Heat a frypan over medium-high heat. Add lamb mince and cook for 6–8 minutes until browned. Season with **1 tsp ground cumin, 1/3 tsp cinnamon, salt and pepper**. Zest 1/2 lemon and add to taste along with a little **water** if needed.



2. PREPARE THE FILLINGS

Meanwhile, finely dice capsicum and tomato. Crumble feta cheese.



3. ARRANGE THE FILLINGS

Rub flatbreads with **oil**. Arrange lamb mince, capsicum, tomato and crumbled feta cheese on one side of each flatbread (use to taste). Fold over to cook.



4. WARM THE GOZLEMES

Wipe and reheat frypan over medium heat. Cook gozlemes for 2 minutes on each side or until golden and crispy (see notes).



5. FINISH AND SERVE

Wedge lemon and serve with gozlemes, any remaining fillings and sprouts (see notes).

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the **My Recipes** tab in your **Profile** and leave a review! Text us on **0481 072 599** or send an email to hello@dinnertwist.com.au

